Dear Life Insurance Consumer:

Choosing the right life insurance company can be difficult. There are many factors that go into making a sound decision to choose the right company and coverages.

To help you make an informed decision, my staff has prepared this comparison survey. It is very important to educate yourself on what the different insurance companies offer and what coverages would meet your needs before purchasing insurance.

This guide includes hypthotical examples that range from a 5-year term policy to an annuity product. I hope you find this guide useful and remember, one of the most important things to do when purchasing insurance is to shop around and compare what the companies have to offer and what product would meet your needs.

If you need further assistance or have questions or concerns, please call my Consumer Hot Line at 1-800-562-6900.

Sincerely,

Mike KreidlerWashington State Insurance Commissioner



The Facts of

Example 1:

45-year-old man with three children and 40-year-old wife. Both husband and wife work, and husband has \$200,000 worth of group life through his employer. Wife's employer does not offer group life, so she wants to purchase \$200,000 worth of term life coverage (20 -year term). Both husband and wife are in good health.

| Company Name | | la d | Commons Nome | Everente 4 | | |
|----------------------------|-----------|--------|---------------------------|------------|-------|--|
| Company Name | Examp | | Company Name | Example 1 | | |
| | Nonsmoker | Smoker | | Nonsmoker | Smoke | |
| American National | 22 | 47 | Loyal Christian Benefit | 38 | 66 | |
| American Republic | 27 | 50 | Midland Life | 28 | 89 | |
| American States Life | 22 | 53 | Mutual Trust Life | 27 | 51 | |
| Ameritas Life | 25 | 51 | National Catholic Society | 34 | 79 | |
| | | | of Foresters | | | |
| Amerus Life | 20 | 49 | National Life of Vermont | 23 | 54 | |
| Amica Life | 32 | 59 | National Travelers | 26 | 53 | |
| Bankers Life & Casualty | 49 | 89 | Neighbors of Woodcraft | 25 | 51 | |
| Banner Life | 27 | 60 | Northcoast Life | 52 | 83 | |
| Cincinnati Life | 32 | 51 | Ohio State Life | 23 | 47 | |
| CNA Life | 18 | 49 | Omaha Woodmen Life | 36 | 54 | |
| College Life | 23 | 47 | Pacific Guardian Life | 26 | 57 | |
| Columbian Mutual | 40 | 46 | Pan American Life | 19 | 107 | |
| Columbus Life | 25 | 42 | Pemco | 26 | 68 | |
| Commercial Union Life | 26 | 49 | Penn Mutual | 20 | 62 | |
| Conseco, Inc. | 21 | 54 | PFL Life | 19 | 48 | |
| Cova Financial Life | 21 | 42 | Phoenix | 25 | 59 | |
| Federal Life | 34 | 74 | Provident Mutual | 38 | 75 | |
| Garden State Life | 60 | 104 | Protective Life | 18 | 44 | |
| First Colony Life | 67 | 174 | Royal Neighbors of Amer | 36 | 57 | |
| GE Financial Assurance | 67 | 174 | Security Financial Life | 26 | 60 | |
| Great American Life | 22 | 52 | Sons of Norway | 30 | 58 | |
| Great Southern Life | 23 | 47 | State Life | 28 | 58 | |
| Govt Personnel Mutual Life | 20 | 48 | United Heritage Mutual | 26 | 50 | |
| Illinois Mutual Life | 39 | 66 | United Investors Life | 26 | 56 | |
| Inter-State Assurance | 27 | 62 | Universal Underwriters | 21 | 46 | |
| Jackson National Life | 29 | 56 | USAA | 19 | 54 | |
| Kansas City Life | 18 | 44 | West Coast Life | 16 | 41 | |
| Knights of Columbus | 27 | 53 | Woodmen of the World | 28 | 59 | |
| Lafayette Life | 21 | 49 | Zurich Kemper | 16 | 43 | |
| Life Investors of America | 19 | 48 | | | | |

The Facts of

Example 2: Mother of college students (daughter, age 21, and son, age 19) wants to buy \$100,000 whole life policies for each child, with the thought of turning over the policies to the children at their 30th birthdays. Both are in good health, although the boy had scarlet fever as a young child without any apparent complications. Father died of a heart attack at age 35.

| Company Name | | Examp moker F | Smol | ker F | Company Name | | Exam moker F | | oker F |
|------------------------------------|----|---------------------|------|----------|--------------------------|----|--------------------|----|-----------|
| Amer. Family Life Assur. | 47 | 43 | 63 | 51 | National Life of Vermont | 89 | 57 | 89 | 57 |
| American Heritage | 29 | 28 | 39 | 37 | National Travelers | 79 | 75 | 79 | 79 |
| American National | 63 | 58 | 69 | 61 | Neighbors of Woodcraft | 56 | 52 | 73 | 61 |
| Amerus Life | 59 | 55 | 59 | 55 | New York Life | 69 | 64 | 69 | 64 |
| Amica Life | 43 | 38 | 49 | 42 | Northcoast Life | 35 | 34 | 43 | 37 |
| Aurora National Life Assur | 47 | 35 | 68 | 54 | Old Repu blic | na | 39 | na | 39 |
| Bankers Life & Casualty | 54 | 39 | na | 42 | Omaha Woodmen Life | 62 | 52 | 62 | 55 |
| Berkshire Life | 73 | 69 | 89 | 77 | Pacific Guardian Life | 41 | 38 | 54 | 45 |
| Business Men's Assurance | 77 | 59 | 77 | 69 | Pan American Life | 44 | 42 | 52 | 46 |
| Canada Life | 60 | 56 | 73 | 62 | Pemco | 59 | 53 | 71 | 60 |
| Cincinnati Life | 39 | 33 | 49 | 35 | Penn Mutual | 68 | 60 | 68 | 64 |
| College Life | 57 | 49 | 57 | 49 | Phoenix | 57 | 52 | 73 | 61 |
| Columbus Life | 65 | 46 | 65 | 54 | Provident Mutual | 72 | 50 | 72 | 61 |
| Commercial Union Life | 58 | 46 | 58 | 46 | Protective Life | 25 | 24 | 36 | 35 |
| Conseco, Inc. | 25 | 25 | 37 | 26 | Pyramid | 36 | 33 | 49 | 41 |
| Country Life | 73 | 60 | na | 63 | Security Financial Life | 42 | 40 | 57 | 46 |
| Federal Life | 49 | 45 | 60 | 53 | Sentinel Security Life | 80 | 78 | 80 | 78 |
| First Colony Life | 57 | 53 | 71 | 60 | Sentry | 57 | 50 | 70 | 58 |
| Fortis | 31 | 34 | 37 | 37 | Slovene National Benefit | 67 | 57 | 73 | 60 |
| Garden State Life | 43 | 39 | 55 | 46 | Sons of Norway | 30 | 30 | 38 | 40 |
| GE Financial Assurance | 57 | 53 | 71 | 61 | State Farm Life | 56 | 49 | 56 | 49 |
| Govt Personnel Mutual Life | 66 | 62 | 78 | 66 | State Life | 55 | 57 | na | 57 |
| Great Southern | 57 | 49 | 57 | 49 | State Mutual | 74 | 69 | 80 | 73 |
| Illinois Mutual Life | 39 | 34 | 39 | 35 | Supreme Council | 60 | 52 | 60 | 52 |
| | | | | | of the Royal Arcanium | | | | |
| IOF Foresters | 54 | 50 | 69 | 59 | Trustmark | 52 | 48 | 66 | 56 |
| Jackson National Life | 57 | 48 | 57 | 56 | United Heritage Mutual | 36 | 31 | 55 | 47 |
| Kansas City Life | 53 | 35 | 65 | 35 | United Investors Life | 54 | 50 | 67 | 57 |
| Knights of Columbus | 66 | 57 | 66 | 58 | Unity Life | 68 | 68 | 70 | 67 |
| Lafayette Life | 29 | | | 29 | Universal Underwriters | 34 | | | 38 |
| Liberty National Life | 42 | 40 | 48 | 47 | USAA | 52 | 43 | 65 | 56 |
| Loyal Christian Benefit | 57 | 53 | 72 | 61 | West Coast Life | 27 | 25 | 33 | 26 |
| Midland Life | 20 | 19 | 29 | 25 | Western Fraternal Life | 71 | 59 | 71 | 68 |
| Monumental Life | 43 | 40 | 59 | 49 | Woodmen of the World | 73 | 69 | 94 | 82 |
| Mutual Trust Life | 68 | 59 | 68 | 61 | World Insurance | 43 | 34 | 50 | 38 |
| Ntnl Catholic Society of Foresters | 63 | 49 | 63 | 56 | | | | | |

Example 3:

Single man, 43, is shopping for an annuity that will pay out \$400 a month beginning at age 65.

| Company Name | Exa | imple 3 | Company Name | Example 3 |
|------------------------------------|-----------|--------------|--|-------------------------|
| | **Current | ***Guarantee | , | **Current *** Guarantee |
| American Heritage | 19,000* | | Life Investors of America | 17,550* 28,750* |
| American National | 20,000* | | London Pacific Life & Annuity | 15,480* |
| American States | 134 mo. | | Loyal Christian Benefit | 107 mo. 175 mo. |
| Amerus Life | 117 mo. | | | 16,300* 30,500* |
| Amica Life | 111 mo. | | Monumental Life | 17,550* 28,750* |
| Bankers Life & Casualty | 18,186* | | Mutual Trust Life | 15,220* or 110 mo. |
| Bankers United Life | 17,550* | 28,750* | National Life of Vermont | 15,930* |
| Berkshire Life | 16,721* | | Neighbors of Woodcraft | 105 mo. |
| Canada Life | 17,678* | | New York Life | 20,363* |
| Cincinnati Life | 17,419 | 22,655 | Northcoast Life | 21,918* 32,610* |
| College Life Ins. | 136 mo. | 168 mo. | Omaha Woodmen Life | 99 mo. 203 mo. |
| Columbus Life | 21,750* | | Pan American Life | 26,252* or 119 mo. |
| Commercial Union Life | 22,900* | | Penn Mutual | 16,296* |
| Conseco, Inc. | 16,930* | | PFL Life | 17,550* 28,750* |
| Cova Financial Life | 14,896* | | Pioneer Mutual | 18,963* |
| Employees Life | 18,658* | | Provident Mutual | 19,403* |
| Federal Life | 20,109* | 25,690* | Royal Neighbors of Amer | 96 mo. |
| Funeral Dir. Life (FDLIC) | | 250 mo. | Security Financial Life | 109 mo. |
| Govt Personnel Mutual | 17,000* o | r 109 mo. | Sentry Ins. | 1675 yr. 2650 yr. |
| Great American Life | 100 mo. | 139 mo. | Slovene National Benefit | 102 mo. |
| Great Southern | 136 mo. | 168 mo. | State Farm Life | 1383 yr. 2035 yr. |
| Illinois Annuity & Life | 15,300* | 40,500* | State Life | 100 mo. |
| IOF Foresters | 184 mo. | | Teachers Ins. & Annuity | 183 mo. |
| Jackson National Life | 24,717* | | United Heritage Mutual | 19,750* 18,850* |
| | | | (both amounts are w/ current int. rates) | 10 yrs+life life only |
| Kansas City Life | 99 mo. | 179 mo. | United Investors Life | 30,625* or 164 mo. |
| Keyport Life | 12,270* | | USAA | 17,700 |
| Knights of Columbus | 116 mo. | | Western Fraternal Life | 105 mo. or 1225 yr. |
| | | | | 15,290 initial pmt |
| Lafayette Life | 113 mo. | | World Insurance | 19,106* |
| Liberty Bankers Res. Life | 21,621* | | | |

^{*}Annuity product purchased with a single payment **Current = current interest rate

^{***}Guarantee = guaranteed interest rate

Example 4:

A 60-year-old forest ranger, retiring early, wants to buy a \$150,000 term life policy with premium guarantees for the next 10 years. He had heart trouble before getting a quadruple bypass 5 1/2 years ago. He had a routine physical examination one year ago, and the results fell in the normal range.

| Company Name | Example 4 | | Company Name | Example 4 | | |
|-----------------------------------|-----------|--------|---------------------------|-----------|--------|--|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker | |
| AEGON/Peoples Benefit | 442 | 727 | Mutual Trust Life | 234 | 463 | |
| American States Life | 213 | 481 | National Catholic Society | 516 | 516 | |
| | | | of Foresters | | | |
| Ameritas Life | 132 | 277 | National Life of Vermont | 81 | 175 | |
| Amerus Life | 84 | 203 | National Travelers | 408 | na | |
| Amica Life | 250 | 390 | Neighbors of Woodcraft | 232 | 544 | |
| Bankers Life & Casualty | 365 | 536 | Ohio State Life | 277 | 556 | |
| Banner Life | 122 | 282 | Old Republic | 94 | na | |
| Berkshire Life | 276 | 355 | Pacific Guardian Life | 196 | 482 | |
| Canada Life | 344 | 467 | Pan American Life | 200 | 489 | |
| Cincinnati Life | 319 | 462 | Penn Mutual | 185 | 425 | |
| CNA Life | 153 | 573 | PFL Life | 222 | na | |
| College Life | 277 | 556 | Physicians Life | 256 | 444 | |
| Columbian Mutual | 661 | 277 | Pioneer Mutual | 291 | 527 | |
| Commercial Union Life | 212 | 438 | Provident Mutual | 246 | 470 | |
| Conseco, Inc. | 257 | 544 | Protective Life | 157 | 195 | |
| Cova Financial Life | 192 | 406 | Pyramid | 253 | 463 | |
| First Colony Life | 156 | na | Security Financial Life | 165 | 291 | |
| GE Financial Assurance | 156 | na | Sentry | 277 | 642 | |
| Govt Personnel Mutual Life | 198 | 729 | Sons of Norway | 294 | 677 | |
| Great American Life | 299 | 564 | State Life | 140 | 247 | |
| Great Southern | 277 | 556 | Trustmark | 187 | 703 | |
| Illinois Mutual Life | 170 | 301 | United Heritage Mutual | 244 | 511 | |
| Inter-State Assurance | 261 | na | United Investors Life | 146 | 332 | |
| Kansas City Life | 148 | 386 | USAA | 224 | 635 | |
| Knights of Columbus | 489 | 612 | West Coast Life | 136 | 313 | |
| Lafayette Life | 141 | 412 | Western Fraternal Life | 132 | 232 | |
| Life Investors of America | 222 | na | Zurich Kemper | 165 | 366 | |
| Midland Life | 143 | 354 | | | | |

The Facts of

Example 5:

Young married couple without any life insurance would like to buy a participating whole life policy that will use dividends to help shrink the size of their premium payments as the policy matures. They would like a \$300,000 policy that would cover the wife, who is the primary wage earner. Husband is 25; wife is 21. Both are in good health.

| Company Name | Example 5 | | Company Name | Example 5 | |
|-----------------------------------|-----------|--------|--------------------------|-----------|--------|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker |
| American National | 155 | 162 | New York Life | 153 | 180 |
| Amerus Life | 148 | 148 | Omaha Woodmen Life | 150 | 159 |
| Berkshire Life | 193 | 219 | Pan American Life | 137 | 153 |
| Business Men's Assurance | 164 | 192 | Penn Mutual | 174 | 186 |
| Canada Life | 117 | 123 | Phoenix | 147 | na |
| Columbus Life | 120 | 144 | Provident Mutual | 141 | 173 |
| Commercial Union Life | 132 | 132 | Royal Neighbors of Amer | 210 | 210 |
| Federal Life | 130 | 153 | Security Financial Life | 169 | 176 |
| Govt Personnel Mutual Life | 178 | 192 | Sentry | 127 | 151 |
| Illinois Mutual Life | 102 | 102 | Slovene National Benefit | 168 | 177 |
| IOF Foresters | 131 | 158 | State Farm Life | 142 | 160 |
| Knights of Columbus | 167 | 170 | State Life | 157 | 157 |
| Lafayette Life | 159 | 183 | Trustmark | 160 | 194 |
| Loyal Christian Benefit | 176 | 204 | United Heritage Mutual | 156 | 200 |
| Mutual Trust Life | 202 | 208 | USAA | 138 | 162 |
| National Catholic Society | 141 | 160 | Western Fraternal Life | 167 | 196 |
| of Foresters | | | | | |
| National Life of Vermont | 156 | 156 | Woodmen of the World | 189 | 230 |
| National Travelers | 217 | 230 | World Insurance | 99 | 109 |
| Neighbors of Woodcraft | 147 | 173 | | | |

Example 6:

Man, 35, with no major health problems would like to purchase \$200,000 worth of term life insurance (5-year term). He was arrested and convicted of DWI twice in the past three years.

| Company Name Example 6 | | Company Name | Example 6 | | |
|------------------------------|-----------|--------------|--------------------------|-----------|--------|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker |
| American National | 168 | 198 | National Life of Vermont | 23 | 43 |
| American States Life | 74 | 97 | Northcoast Life | 111 | 127 |
| Ameritas Life | 108 | 122 | Omaha Woodmen Life | 51 | 91 |
| Amerus Life | 36 | 74 | Pan American Life | 33 | 91 |
| Commercial Union Life | 72 | 98 | Sons of Norway | 109 | 132 |
| Conseco, Inc. | 23 | 45 | USAA | 106 | 128 |
| Illinois Mutual Life | 45 | 81 | Western Fraternal Life | 191 | 213 |
| Kansas City Life | 110 | 131 | | | |

Example 7:

Woman, 55, who had a mastectomy for breast cancer 10 years ago and no recurrence or other major health problems since, would like to purchase \$250,000 worth of term life insurance (10-year term). She just had a physical last month, with results in the normal range.

| Company Name | Example 7 | | Company Name | Exa | mple 7 |
|-------------------------|-----------|--------|---------------------------|------------|--------|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker |
| AEGON/Peoples Benefit | 296 | 421 | CNA Life | 75 | 151 |
| American Republic | 175 | 378 | College Life | 47 | 107 |
| American States Life | 81 | 178 | Columbian Mutual | 81 | 181 |
| Ameritas Life | 50 | 105 | Columbus Life | 79 | 143 |
| Amerus Life | 66 | 142 | Commercial Union Life | 84 | 156 |
| Amica Life | 136 | 229 | Conseco, Inc. | 75 | 160 |
| Bankers Life & Casualty | 67 | 70 | Country Life | 89 | 179 |
| Banner Life | 98 | 240 | Cova Financial Life | 42 | 96 |
| Berkshire Life | 76 | 126 | Federal Life | 77 | 158 |
| Canada Life | 77 | 148 | Fidelity Investments Life | 9 8 | 223 |
| Cincinnati Life | 86 | 137 | First Colony | 49 | 114 |

The Facts of

Example 7: continued

| Company Name | Example 7 | | Company Name | Example 7 | |
|----------------------------|-----------|--------|--------------------------|-----------|--------|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker |
| Garden State Life | 128 | 210 | Pemco | 66 | 99 |
| GE Financial Assurance | 49 | 114 | Penn Mutual | 67 | 152 |
| Govt Personnel Mutual Life | 137 | 401 | PFL Life | 58 | 164 |
| Great American Life | 110 | 174 | Phoenix | 69 | na |
| Great Southern Life | 47 | 107 | Physicians Life | 103 | 178 |
| Illinois Mutual Life | 87 | 161 | Pioneer Mutual | 97 | 179 |
| Inter-State Assurance | 57 | 153 | Protective Life | 42 | 60 |
| IOF Foresters | 87 | 137 | Provident Mutual | 93 | 172 |
| Kansas City Life | 40 | 112 | Pyramid | 112 | 171 |
| Knights of Columbus | 70 | 142 | Royal Neighbors of Amer | 66 | 101 |
| Lafayette Life | 97 | 283 | Security Financial Life | 79 | 143 |
| Life Investors of America | 58 | 164 | Sentinel Security Life | 131 | 131 |
| Loyal Christian Benefit | 121 | 166 | Sentry | 95 | 159 |
| Midland Life | 68 | 171 | Slovene National Benefit | 104 | 152 |
| Mutual Trust Life | 75 | 162 | Sons of Norway | 85 | 195 |
| National Catholic Society | 95 | 195 | State Farm Life | 410 | 501 |
| of Foresters | | | | | |
| National Life of Vermont | 56 | 114 | State Life | 93 | 185 |
| National Travelers | 230 | 309 | Trustmark | 82 | 146 |
| Neighbors of Woodcraft | 99 | 184 | United Heritage Mutual | 69 | 167 |
| New York Life | 116 | 174 | United Investors Life | 48 | 118 |
| Northcoast Life | 109 | 161 | Universal Underwriters | 85 | 144 |
| Ohio State Life | 47 | 107 | USAA | 95 | 240 |
| Old Republic Life | 33 | na | Westcoast Life | 62 | 123 |
| Omaha Woodmen Life | 62 | 155 | Western Fraternal Life | 104 | 152 |
| Pacific Guardian Life | 73 | 173 | Zurich Kemper | 60 | 135 |
| Pan American Life | 41 | 111 | | | |



The Facts of

Example 8:Woman, 25, in good health, would like to purchase \$150,000 worth of whole life insurance.

| Company Name | Exampl | e 8 | Company Name | Examp | le 8 |
|-----------------------------------|-----------|--------|---------------------------------------|-----------|----------|
| | Nonsmoker | Smoker | | Nonsmoker | Smoker |
| American Family Life | 75 | 90 | National Life of Vermont | 96 | 96 |
| American Heritage Life | 46 | 64 | National Travelers | 125 | 133 |
| American National | 99 | 105 | Neighbors of Woodcraft | 86 | 102 |
| American Republic | 67 | 79 | New York Life | 85 | 100 |
| Amerus Life | 90 | 90 | Northcoast Life | 51 | 67 |
| Amica Life | 67 | 74 | Old Republic Life | 67 | na |
| Aurora National Life Assur | 58 | 93 | Pacific Guardian Life | 64 | 77 |
| Berkshire Life | 113 | 130 | Omaha Woodmen Life | 79 | 88 |
| Business Men's Assurance | 96 | 118 | Pan American Life | 72 | 80 |
| Canada Life | 94 | 106 | Pemco | 87 | 99 |
| Cincinnati Life | 55 | 59 | Penn Mutual | 105 | 117 |
| College Life | 84 | 84 | Phoenix | 90 | na |
| Columbus Life | 78 | 93 | Protective Life | 35 | 54 |
| Commercial Union Life | 77 | 93 | Provident Mutual | 85 | 101 |
| Conseco, Inc. | 29 | 43 | Pyramid | 56 | 69 |
| Country Life | 92 | 107 | Royal Neighbors of Amer | 81 | 81 |
| Federal Life | 77 | 92 | Security Financial Life | 68 | 79 |
| First Colony | 88 | 102 | Sentry | 80 | 95 |
| Fortis | 62 | 70 | Slovene National Benefit | 100 | 107 |
| Garden State Life | 65 | 80 | Sons of Norway | 49 | 62 |
| GE Financial Assurance | 89 | 102 | State Farm Life | 84 | 96 |
| Govt Personnel Mutual Life | 54 | 64 | State Life | 99 | 99 |
| Great Southern Life | 84 | 84 | State Mutual | 114 | 125 |
| Illinois Mutual Life | 60 | 60 | Supreme Council of the Royal Arcanium | 92 | 92 |
| IOF Foresters | 86 | 101 | Trustmark | 81 | 95 |
| Jackson National Life | 82 | 95 | United Heritage Mutual | 53 | 93 77 |
| Kansas City Life | 57 | 60 | United Investors Life | 85 | 97 |
| Knights of Columbus | 96 | 99 | Unity Life | 107 | 107 |
| Lafayette Life | 41 | 47 | Universal Underwriters | 54 | 63 |
| Liberty National Life | 73 | 86 | USAA | 82 | 96 |
| Loyal Christian Benefit | 90 | 105 | Westcoast Life | 37 | 48 |
| Midland Life | 25 | 35 | Western Fraternal Life | 98 | 115 |
| Monumental Life | 71 | 85 | Woodmen of the World | 113 | 134 |
| Mutual Trust Life | 99 | 103 | World | 61 | 67 |
| National Catholic Society | 84 | 96 | | | |
| of Foresters | | | | | |

Technical Differences

Companies that participated in this survey were asked to provide premiums for hypothetical situations. Some companies provided annual premiums and for the purposes of this guide, those amounts were divided to obtain a monthly amount. Be aware that some companies charge an additional amount when consumers choose to pay monthly, rather than annually. Also, in order to obtain the best rating classification, some underwriting may be necessary. In order to provide premiums, some companies had to vary from the original examples. Those differences are listed here:

American Heritage Life - Example 3 can also be \$5,000 initial payment with \$1,125 annually for subsequent payments.

Amica Mutual - Example 4, current rates guaranteed for the first five years and indeterminate rates thereafter.

Bankers Life & Casualty - Example 1 was quoted with a universal life product.

Commercial Union Life - Example 4 was quoted for a 5-year term product.

Example 5 was quoted using a whole life with dividends.

Fortis - Examples 2 and 8 were quoted using variable universal products.

Federal Life - Example 1 was quoted with a 20-year renewal with indeterminate premiums, with the premium guaranteed for the first five years. Examples 2, 5 and 8 were quoted with current interest rates.

IOF Foresters - Example 3 was quoted with permanent/reduced surrender charge.

Examples 5 and 8 were quoted with a whole life product.

Knights of Columbus - Example 4 was quoted with premium guaranteed for one year.

Provident Mutual Life - Example 4 was quoted with premium guaranteed for five years.

Example 5 was quoted with premiums guaranteed for the first two years.

Pyramid - all examples were quoted with rates guaranteed for first year.

Sons of Norway - for examples that requested a whole life product, a universal life product was used. Term products have a five-year guaranteed premium.

USAA - Examples 5 and 6 premiums are for the first year, with premiums decreasing every year thereafter.

This Consumer's Guide is one of a series prepared by the Office of the Insurance Commissioner.

Any insurance consumer who needs help with an insurance problem or who feels he or she is not being treated fairly by an insurer, please call 1-800-562-6900.

The Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine is a special service of the Insurance Commissioner's Office that provides free health-insurance education, assistance and advocacy for all Washington residents, including the disabled, in hundreds of communities around the state. SHIBA HelpLine volunteers and staff assist consumers with choices and problems involving private health insurance as well as many government programs (Medicare, Medicaid, Basic Health Plan, Children's Health Insurance Program, and the Washington State Health Insurance Pool). SHIBA HelpLine volunteers also are experts in Medigap coverage, employment-related health benefits, managed care, long-term care insurance, medical billings and fraud/abuse questions. To contact the SHIBA HelpLine unit in your community, call

1-800-397-4422

